**Jamie C. Grigolite**

**Suggested Links**

Web Page:

<http://www.newtomorrowlifecoaching.com/mental-health-vb>

Facebook Support:

[www.facebook.com/mentalhealthvb](http://www.facebook.com/mentalhealthvb)

DBSA Profile:

<http://www.dbsalliance.org/site/TRC/Events/Content-DonateNow?pg=feditor&fr_id=1060&pxfid=4331>

Noomii Profile:

<https://www.noomii.com/users/jamie-grigolite>

Article:

[www.noomii.com/articles/7642-coming-clean](http://www.noomii.com/articles/7642-coming-clean)

Article:

<https://www.noomii.com/articles/7641-beautifully-bipolar>

Article:

<http://www.newtomorrowlifecoaching.com/open-forums?p=post%2Fto-the-loved-ones-of-an-addict-8560080%3Fpid%3D1296219350>

Article:

<http://www.newtomorrowlifecoaching.com/open-forums?p=post%2Fin-love-with-the-addict-9582321%3Fpid%3D1302533261>

Article:

<http://www.newtomorrowlifecoaching.com/open-forums?p=post%2Fthe-dangerous-misconceptions-of-mental-illness-and-mass-shootings-9658894%3Fpid%3D1303329776>

Article:

<http://www.newtomorrowlifecoaching.com/open-forums?p=post%2Fi-know-you-because-ive-been-you-9690336%3Fpid%3D1303638753>

**Certifications**

Master Certified Life Coach

Certified CBT Practitioner

CBT Life Coaching Certification

Certified DBT Practitioner

Certified Integrative Mental Health Specialist

Certified Neuro-Linguistic Programming Practitioner (x2)

Professional Counseling Certification

Rational Emotive Behavioral Therapy Specialist Certification

Support Ambassador Depression and Bipolar Support Alliance

Founder and Advocate of Mental Health VB Support

(All certs can be viewed at the bottom of WWW.NEWTOMORROWLIFECOACHING.COM)